

Kandiyohi County Resources

CHEMICAL HEALTH RESOURCES		
NAME	DESCRIPTION	CONTACT INFORMATION
Al-Anon	AA Family Support ~ meets at <i>Hope Presbyterian Church, Spicer</i>	796-2650
	AA Family Support ~ meets at 1805 E. Highway 12 Tuesdays, 7:00 PM	
	AA Family Support ~ meets at <i>Eagle Lake Lutheran Church, Willmar</i> (Nursery provided)	231-3114
Alcoholics Anonymous HOTLINE: (800) 344-2666	AA Support Group ~ meets at <i>Assembly of God Church, Willmar</i>	235-2529
	AA Support Group ~ meets at <i>Hope Presbyterian church, Spicer</i>	796-2650
	AA Support Group ~ meets at <i>Eagle Lake Lutheran Church, Willmar</i> (nursery provided)	231-311 4
	AA Support Group ~ meets at 1805 E. Highway 12 Thursday evenings	
All Gal AA	AA Support Group for women only ~ meets at 1805 E. Hwy 12 Tuesdays, 1:30 PM	
Cardinal Recovery	Recovery for people with chemical health addictions	231-6600
CARE (Community Addiction Recovery Enterprise)	State-operated chemical dependency treatment for men and women, age 18+. Residential, MI/CD, halfway house, family, continuing recovery, aftercare and relapse.	231-5330 (800) 657-3893
Celebrate Recovery	Support for those recovering from addictions ~ meets at <i>Evangelical Free Church, Willmar</i>	235-4317
Chemical Dependency Program	Outpatient program for individuals with chemical dependency issues. <i>Woodland Centers</i>	231-9145
Commit to Quit	Smoking cessation program and support for those wanting to quit smoking. Meets Thursdays at 5:00 PM at <i>LuLu Beans, Willmar</i>	231-8920
Detox	Available 24 hrs. Alcohol, marijuana, cocaine, and other drug interventions. <i>Woodland Centers</i>	235-4613 or 800-284-3623 or 320-992-1716
Divine Hope Counseling	Providing chemical dependency treatment to women ages 18 and older with a person-centered approach. Men's program and senior program now offered also.	231-9763
GUIA Program	Chemical health intervention for Hispanic/Latino youth and families. <i>PACT for Families Collaborative</i>	231-7030 Ext. 2968 (Jennifer B)
James House	Christian discipleship program for men recovering from addictions	(320) 262-4035 OR (320) 222-1329
Minnesota Monitoring	Home monitoring/drug and alcohol testing	222-5401
Narcotics Anonymous	Support Group ~ meets at 1805 E. Highway 12, Wednesdays at 7:30 PM	
	Support Group ~ meets Wednesdays and Fridays at 7:30 PM at <i>Lakeland Health Center</i>	231-8920
Recovery Support Group	Support for those recovering from addictions ~ meets at <i>First Baptist Church, Willmar</i>	222-9247 (Dwight)
Women Learning How to Live Sober	Meets Sundays at 2:00 PM, 1805 E. Highway 12, Willmar	
CHILD CARE RESOURCES		
Child Care Resources and Referral	Free individual assistance from child care referral specialist; will search for child care that meets specific family needs. Support and resources for licensed and unlicensed providers. <i>Heartland Community Action Agency.</i>	235-0850 or 800-221-1421
Child Care Assistance ~ MFIP	Transition year and basic sliding fee child care. Must meet eligibility criteria. <i>Kandiyohi County Family Services.</i>	231-7800
Licensed Day Care Providers	Contact <i>Kandiyohi County Family Services</i> for list of providers	231-7800
CLOTHING/HOUSEHOLD/ENERGY ASSISTANCE		
Birthday Party Kits	Birthday party supplies provided for families in need. Will also provide an age-appropriate gift and host a birthday party. <i>Hope Presbyterian Church, Spicer.</i>	231-7030 Ext. 2964 (Char)

Clothing Exchange	Spring and fall event ~ "gently used" clothing donated and exchanged. Not necessary to donate to participate. <i>Harvest Community Church, Willmar</i>	235-2106 (Cindy)
Community Free Store	"Gently used" and new household items and appliances available for families. Operated on referral and appointment basis only. <i>Harvest Community Church, Willmar</i>	235-2106
"Drop and Shop" Clothing Exchange	Spring event ~ "gently used" clothing donated and exchanged. Not necessary to donate to participate. <i>The Link, NLS Ministerial Association</i>	796-2522
E-mail Network	Household items/furniture/clothing are exchanged on an e-mail network. Agency referral required. <i>PACT for Families Collaborative</i>	231-7030 Ext. 2961 (Shawna)
Energy Assistance	Helps pay winter fuel costs for low-income families who own or rent, and furnace repair or replacement for qualified homeowners. <i>Heartland Community Action Agency.</i>	235-0850
Hope Care Pantry	Non-food items available for families (diapers, toiletries, cleaning supplies). Appointment by worker required. <i>Hope Presbyterian Church, Spicer</i>	796-2650 (Cathy)
Hope's Hands	Individuals willing to help with small household repair jobs. <i>Hope Presbyterian Church, Spicer</i>	796-2650 (Cathy)
Household Product Distribution	Annual fall give-away of household products. <i>The Link, NLS Ministerial Association.</i>	796-2522
The Link	Resources and referral for families in New London/Spicer community - financial, household needs, support. Free use of laundry facilities and Internet use available at New London site. <i>NLS Ministerial Association.</i>	796-2522
United Way Gifts in Kind	Household resources for families in emergency/crisis situations. Worker referral needed.	Call Kandiyohi County Food Shelf ~ 235-2641
Warm the Children	Helps provide warm winter clothing for children. Volunteer shoppers purchase clothing with families. Referrals come through Kandiyohi County Family Services and area schools. <i>West Central Tribune.</i>	Donations: P.O. 839, Willmar KCFs: 231-7800
Winter Outerwear Drive	Winter coats and other outerwear collected and then donated at a fall event. <i>The Link, NLS Ministerial Association</i>	796-2522
CRISIS INTERVENTION SERVICES <i>EMERGENCY ~ 911</i>		
Crisis Center	24 hour crisis intervention. Phone counseling available. <i>Woodland Centers.</i>	235-4613 or 800-432-8781 or 800-992-1716
Crisis Assistance Funds	Provides limited individual grants for emergencies including bus tokens, rent, mortgage and emergency shelter. Partners with Salvation Army and area churches. <i>Heartland Community Action Agency.</i>	235-0850
National Domestic Violence Hotline	24-hour crisis intervention/help for victims of domestic violence	(800) 799-7233
National Suicide Prevention Lifeline	Suicide Crisis Hotline	(800) 273-8255
Poison Control	Emergency poison information	(800) 222-1222
Shelter House, Inc.	Support and advocacy for battered women and children. 24-hour phone line. Support and advocacy for sexual violence victims/survivors.	235-0962 or 800-792-4210
Sexual Violence and Abuse Crisis Center	Service for sexual abuse victim survivors ~ advocacy, 24-hour crisis line, domestic violence, emergency shelter	235-8001
United Way Gifts in Kind	Household resources for families in emergency crisis situations. Worker referral needed	Call Kandiyohi County Food Shelf ~ 235-2641
Youth Mobile Crisis	Crisis intervention for youth at your home. M-F, noon to 9:00 PM. <i>Woodland Centers</i>	231-9158 OR (800) 432-8781
DEVELOPMENTAL DISABILITIES		
ARC Kandiyohi Chapter	Providing advocacy and support for people with intellectual and other developmental disabilities and their families as they choose how they live, learn, work and play.	235-5411
Chrysalis, Inc.	Residential program providing support and semi-independent living skills for individuals with developmental disabilities, in a variety of settings.	231-1480
Deaf and Hard of Hearing Services (DHS)	Information, resources, and empowerment opportunities to assist deaf, deafblind, and hard of hearing people and their families. Representative will come to Willmar area for consultation upon request.	(320) 255-3502 (800) 456-3690
Department of Vocational	Services to help people with disabilities achieve their employment and	231-5174

Rehab Services	independent living goals. <i>Minnesota Workforce Center.</i>	
Down's Syndrome Family Networking Group (TRCP)	Support for families with children with Down's Syndrome. <i>The Resource Center Program/West Central Industries</i>	235-5310 (Kim or Jamin)
Disability Linkage Line	Free information, referral, and assistance to help connect people with disabilities or chronic illness to community services.	866-333-2466
Diversified Lifestyles, Inc.	Adult foster care, residential care homes. Licensed by Minnesota Department of Human Services.	231-1126
Divine House	Instruction and training in independent living skills: services for persons with TBI, PCA services, respite care, semi-independent living skills, waived services, adult foster care.	231-2738
Friendship for the Disabled	Support, fellowship and Bible Study for physically/mentally challenged. <i>Willmar Christian Reformed Church.</i>	235-3060
Gillette Children's Mobile Outreach Clinic	Helps people with disabilities gain access to assistive technology. Comes to Willmar on a regular basis	800-578-4266
Goodwill Easter Seals	Services to help people with disabilities achieve their educational and employment goals. Thrift store, medical equipment loan program, GOALS program for youth, job coaching for youth	214-9239
Medical Equipment Loan Program	Lends assistive living medical equipment for three months. <i>Goodwill Easter Seals</i>	214-9238
Minnesota Children with Special Health Needs (MCSHN)	Development and Behavior Clinic in Willmar. Evaluations for children with developmental, medical, learning, behavioral, or emotional needs.	(800) 728-5420
MR/RC Services (Mental Retardation & Related Conditions)	Case management to persons with mental retardation or related concerns. Access to needed services and supports promoting community inclusion, self-sufficiency, social relationships, and supports in least restrictive environment. Services for people under age 65 with physical disabilities who are at risk of nursing home. Neuro-behavioral hospital level of care. Waivers: CADI, TBI-NB, CAC. <i>Kandiyohi County Family Services.</i>	231-7800
Presbyterian Family Foundation	Services for those unable to care for themselves due to developmental disabilities: residential services, guardianship, semi-independent living skills.	235-5897
Regional Brain Injury Groups (TRCP)	Two support groups: one for regional people with Traumatic Brain Injury and one for caregivers and family members. <i>The Resource Center Program/West Central Industries</i>	235-5310 (Alisa)
REM South Central Services	Individualized services and ongoing supports for persons with developmental disabilities, TBI, mental health needs, and others. Residential services, hourly support services.	235-9174
Services for Students with Disabilities	Resources for students with disabilities. <i>Ridgewater College.</i>	222-6070 (Tammy)
SOAR Project (SSI/SSDI Outreach, Access and Recovery)	Assists low-income eligible families with completing an initial SSI/SSDI application, filing and appeal to a SSI/SSDI decision or representing clients at a hearing. <i>Heartland Community Action Agency.</i>	235-0850
(The) Resource Center Program (TRCP)	Information, support, lending library, networking groups, special events, speakers, Active Lives calendar, and scholarships for children, teens, adults with disabilities/mental health needs and the professionals who support them. <i>West Central Industries.</i> www.westcentralindustries.com/trcp	235-5310 (Jamin)
West Central Industries	Employment training and connections for people with disabilities.	235-5310
EDUCATIONAL RESOURCES		
ACGC Public Schools District Office	Serving families in Atwater, Cosmos, Grove City	(320) 857-2271
Adult Basic Education	For those age 16+ not enrolled in high school. Earn GED or improve basic skills. No fee. ESL (English as Second Language) classes available. <i>Jefferson Learning Center.</i>	231-8480
BOLD Public Schools District Office	Serving families in Lake Lillian (as well as Bird Island and Olivia in Renville County)	(320) 523-1031
Central Minnesota Christian School	Education in a Christian setting, located in Prinsburg. Pre-K through grade 12.	(320) 978-4721

Community Christian School	Education in a Christian setting, located in Willmar. Pre-K ~ grade 12.	235-0592
ECFE (Early Childhood Family Education)	Public school program for families with children birth-K. Contact local school district offices for more information.	Local School Districts
English Classes	Offered at <i>Evangelical Free Church, Willmar</i> on Monday evenings.	235-4317
Family Literacy Program	Literacy/Parenting ~ serves adults with children birth to age 7. Four components: Parents work at GED or ESL classes; parenting classes; early childhood classes; parent and child interaction activities. <i>Jefferson Learning Center</i> .	231-8490
Foster Grandparent Program	Tutoring and mentoring with children and youth in school, Head Start and day care programs. <i>Lutheran Social Services</i> .	(320) 264-5545 (Diane)
Growmobile	Mobile summer program traveling weekly to various places in Kandiyohi County. Provides fun, educational activities, and meals for children. <i>United Way of Kandiyohi County</i>	235-1050
Head Start	Preschool program for children and their families. Serves children with special needs whose families meet income guidelines set by federal government. <i>Heartland Community Action Agency</i>	235-0850
Imagination Library	Preschool children in West Central Minnesota can receive a new book by mail every month, free of charge. <i>United Way of West Central Minnesota</i>	235-1050 (call for registration form)
Kandiyohi County Extension Office	Nutrition education program for young families, offered free of charge in the home. Financial restrictions apply. Topics: home care, nutrition, family life, financial management, rural leadership, horticulture, etc.	231-7890
Kandiyohi County Public Health	Health education and programs for families	231-7860
KMS Public Schools District Office	Serving families in Sunburg (as well as Kerkhoven and Murdock)	(320) 264-1411
Little Crow Special Education Cooperative	Serving member school districts: ACGC, BBE, BOLD, EVW, KMS, MACCRAY, NLS, Prinsburg, Willmar . Special needs evaluation and services. Division of <i>SW/WC Service Cooperative</i> .	231-5184
MACCRAY Public Schools District Office	Serving families in Maynard, Clara City, Raymond	(320) 367-2397
Minnesota Children with Special Health Needs (MCSHN)	Development and Behavior Clinic in Willmar. Evaluations for children with learning disabilities, medical, developmental, behavioral or emotional needs. <i>Minnesota Department of Health</i>	(800) 728-5420
New London/Spicer Public Schools District Office	Serving families in New London, Spicer	354-2252
PACER	Parent Advocacy Coalition for Educational Rights. Support, advocacy, and education for children with special needs to help them achieve their educational goals.	(952) 838-9000
Ridgewater Community College	Comprehensive community and technical college. Offers education designed for transfer to a university, and technical programs for direct entry into the workforce. Services for students with disabilities available.	(800) 722-1151 222-6070 (Tammy)
Resource Center Program (TRCP)Lending Library	Many resources available on a variety of topics, including autism, child and adult ADD/ADHD, Down's Syndrome, brain injury, mental health, & parenting kids with challenges. <i>The Resource Center Program/ West Central Industries</i>	235-5310
School-Linked Mental Health Services	Co-locates mental health professionals and practitioners within the school setting. Diagnostic evaluations, individual therapy, groups, etc. Serves Willmar, NLS, ACGC and MACCRAY. <i>Woodland Centers</i>	235-4613 Ext. 423 (Kim)
West Central Integration Collaborative	Multicultural collaborative promoting development of health, education and business	231-8546
Willmar Area Scholars at Home (WASH)	Support, networking and activities for families who homeschool.	info@washlines.org
Willmar Community Education & Recreation	Recreational and educational activities and programs for all ages. Scholarships sometimes available.	231-8490
Willmar Public Schools District Office	Serving families in Willmar, Kandiyohi, Pennock, Blomkest	231-8500
ELDERLY/SENIOR CITIZEN RESOURCES		
Befrienders	Trained "lay listener" support for those in need of a listening ear. <i>Vinje Lutheran Church, Willmar</i>	235-1441

Bethesda Adult Day Services	Nursing services, community-based programs and housing	235-9532 (Bunne)
Community Assistance Program	Prescription Drug Discount Cards for medications not covered by Medicaid and Medicare.	(828) 682-5651
Compassionate Care	Services to the elderly: companionship, errands, transportation, wedding companions, etc.	231-9868
Elderly Waiver	Funds home and community-based services for people age 65+ who are eligible for MA and require a high level of medical care. Alternative Care Program for age 65+ who are eligible for MA and at risk of nursing home level of care. <i>Kandiyohi County Family Services</i>	231-7800
"Faith Friends"	Visitation ministry. <i>Faith Lutheran Church, Spicer</i>	796-2522
Friendly Visitors	Visitation ministry for homebound, aged, lonely. <i>Vinje Lutheran Church, Willmar</i>	235-1441
Meals on Wheels	Nutritious meals delivered to shut-ins Monday through Saturday	235-5310
Nursing Homes/Assisted Living	Bethesda Nursing Homes - Heritage Center and Pleasant View, Willmar	Heritage: 235-3924 Pleasant View: 235-9532
	Central Minnesota Senior Care, Willmar (<i>Assisted Living only</i>)	231-2738
	Copper Leaf Senior Living, Willmar (<i>Assisted Living, Memory Care, Care Suites</i>)	222-5000
	Glen Oaks Care Center, New London (<i>Nursing Care, Personal Care Suites, Village Apartments, rehabilitative services</i>)	354-2231
	Rice Care Center, Willmar - Short and long term care needs (<i>Nursing Care</i>)	214-2700
Senior Companion	Companions take seniors on outings or to various activities. <i>Lutheran Social Services and Kandiyohi County Family Services.</i>	(320) 264-5545 (Diane)
Senior Nutrition Program	Nutrition program for the elderly. Located in Spicer.	796-5208
Senior Volunteer Transportation Program	Volunteer drivers transport seniors 60+ to medical appointments and running errands. <i>Kandiyohi Area Transport.</i>	214-7433
"Not Through Yet"	Support for people age 55+. <i>Calvary Lutheran Church.</i>	235-2508 (Kurt)
Senior Linkage Line	Comprehensive statewide database of community services for the elderly.	(800) 333-2433
Touching Hearts At Home	Non-medical help and companionship for seniors with disabilities to help them remain in their homes.	354-4663 (Linda)
EMPLOYMENT RESOURCES		
Central Minnesota Jobs in Training	Dislocated worker program, help for disadvantaged youth to prepare for the workforce through academic learning and employment connections.	231-5174
Command Center	Recruitment and job placement	235-5627
Employment Plus	Recruitment and job placement	235-1707
G & S Staffing	Recruitment and job placement	235-3949
Job Access Route	Shorter bus rides to and from major employers in and around Industrial Park, downtown, and southeast Willmar. <i>Kandiyohi Area Transit.</i>	214-7433
Minnesota Workforce Center/Jobs and Training	Provides tools, resources, and services needed for job search, career planning, and training needs	231-5174
Weststaff	Recruitment and job placement	214-1070
West Central Industries	Employment training and connections for people with disabilities	235-5310
Work Connection	Recruitment and job placement	214-WORK (9675)
FAMILY SUPPORT/PARENTING RESOURCES		
Circle of Parents	Free community-based support groups for parents and their children, to help parents improve parenting skills and strengthen family relationships. <i>Prevent Child Abuse Minnesota.</i>	(320) 327-2291 (Sue)
Family Liaison Program	Support for parents from parent who has navigated the mental health system. <i>PACT for Families Collaborative</i>	231-7030 Ext. 2973 (Polly)
Harmony Visitation Center	Supervised visitation, safe exchanges of children between parents, and education/support for families.	214-0799
Incredible Years Parenting Classes	A parenting program for families who want to learn the foundations for successful parenting. <i>Kandiyohi County Public Health.</i>	231-7860
Kandiyohi County Family Services	Children's Mental Health case management, voluntary Child Welfare services, financial services, etc.	231-7800
Kandiyohi County United Way	Gifts in kind; Caring Connections Volunteer Network	235-1050

Lend-A-Hand Mentor Program	Mentor matches for children and youth. <i>Kandiyohi County YMCA</i>	222-9622
(The) Link	Support, resources, connections, and referral for families in the New London/Spicer community. Housed at Faith Lutheran Church and Community Center in New London. <i>New London/Spicer Ministerial Association</i>	796-2522
Military Ministry	Support for those with a family member in the military. Meets at <i>Assembly of God Church, Willmar</i>	235-2329
Minnesota Adoption and Resource Network	State-funded adoption resource network. <i>Minnesota Department of Human Services</i>	(866) 303-6276 mnadopt.org
Parent Advisory Committee	Ongoing committee through PACT for Families for parents of children with mental health needs. Provides input to PACT for Families Executive Board. Meets second Monday evening each month at 5:30 PM at YMCA; reservations required.	231-7030 Ext. 2964 (Char)
Parent Central	For parents, this site gives them advice in 24 hours about problems with kids and teens. Counselors and parenting professionals answer questions on the site. www.parentcentral.net	
Parent Experience Program	For parents struggling with family life. Uses multi-faceted approach to help parents gain self-appreciation and consciousness of parental choices. <i>Unhdipi Center for Change</i>	(507) 627-1217
Parents Forever	A research-based program designed to help parents learn how to make informed, child-supportive decisions during a divorce. Meets at Health and Human Services Building, Willmar. <i>University of Minnesota Extension</i>	231-7890 Ext. 1
Resource Center Program	Support services and referral for people with disabilities and their families. Information, support, lending library, networking, and scholarships for educational trainings and other services. <i>West Central Industries.</i>	235-5310
Salvation Army	Help for families in need - housing, spiritual. Many children/youth activities available all year for ages 5-16, including Thursday Character-Building.	235-2033
Single Parents Support Group	Support for single parents. Meets at YMCA, <i>Willmar</i>	214-0126 (Toni)
YMCA	Swimming and Wellness Center (scholarships and sliding fee scale available with some restrictions), swimming lessons, American Red Cross lifeguard training, child care center, day camps, Active Older Adults, summer sports camps, Teen Leadership programs, mentoring program, other community events (birthday parties, room rental available)	222-9622
FINANCIAL COUNSELING/RESOURCES		
Consumer Credit Counseling Service	Financial/debt counseling. <i>Lutheran Social Services.</i>	235-5411
FAIM (Family Assets for Independence in MN)	Matched savings to build assets for furthering education, purchasing a home and/or starting a small business. <i>Heartland Community Action Agency.</i>	235-0850
Foreclosure Prevention Counseling	Provides counseling services for homeowners in a crisis or who are going through the foreclosure process. Services included are information and referral, advocacy, counseling, and support. <i>Heartland Community Action Agency</i>	235-0850
Health Insurance Counseling	Volunteers available by appointment to answer questions related to health insurance. <i>Rice Memorial Hospital</i>	231-4069
Kandiyohi County Family Services	Financial consultation and assistance to persons who qualify. Cash assistance, Medical Assistance, food assistance, child care assistance and emergency assistance. Must fill out application to determine eligibility.	231-7800
Prescription Discount Card	Prescription Discount Cards for Kandiyohi County residents which can be used when medication is not covered by insurance. Cards can be picked up at the library or courthouse. No eligibility or paperwork involved. Cards accepted by most pharmacies.	(877) 321-2652 for more information
Prescription Drug Discount Card (Community Assistance Program)	Prescription Drug Discount Card which can be used when medication is not covered by insurance. No income guidelines or need for activation. <i>Community Action Network</i>	(828) 682-5651 (Doug)

FOOD RESOURCES		
Angel ministries	For small monthly fee, participants receive quality meats/groceries. Distribution third Saturday of the month at <i>Harvest Community Church, Willmar</i> . Menus available; call for more information.	214-1928 (Diana)
Community Meals	Free meal provided the first Saturday of each month at noon. <i>Harvest community Church, Willmar</i>	235-2106
	Free meal provided the first Sunday of the month at noon. <i>First Baptist Church, Willmar</i>	235-2326
	Free meal provided the second Sunday of the month at 6:00 PM. <i>First Presbyterian Church, Willmar</i>	235-1263
	Free meal provided the fifth Sunday of the month at 6:00 PM. <i>Bethel Lutheran Church, Willmar</i>	235-5450
	Free meal provided the third Saturday of the month at noon. <i>Vinje Lutheran Church, Willmar (with Paz y Esperanza)</i>	235-1441
	Free meal provided the fourth Wednesday of the month at 4:30 PM. <i>First Covenant Church, Willmar</i>	235-3010
	Free meal provided the third Sunday of the month at 6:00 PM. <i>Calvary Lutheran Church, Willmar</i>	235-2508
	Free meal provided the fourth Sunday of the month at 6:00 PM. <i>United Methodist Church, Willmar</i>	235-5403
Food Support Outreach Program	Provides education and information to the community about the benefits of the Food Stamp program; assistance with filling out Food Stamp applications. <i>Heartland Community Action Agency</i>	235-0850
Free Grocery Giveaway	Every Saturday, 9-11 AM while supplies last. <i>Harvest Community Church.</i>	235-2106
Kitchen Camp	Food preparation classes. Meets at <i>Evangelical Free Church, Willmar</i>	235-4317
Kitchen Kamp ~ Teen Moms	Food preparation classes for teen moms. <i>Lutheran Social Services and Heartland Community Action Agency.</i>	235-0850 OR 235-5411
Meals on Wheels	Volunteer drivers deliver nutritious meals to people who cannot prepare meals for themselves due to age, disability, illness, or recent release from the hospital. <i>Coordinated through West Central Industries.</i>	235-5310 Ext. 219 <i>(for information or to volunteer)</i>
Naps and Mac	Nutrition Assistance program. <i>Willmar Area Food Shelf</i>	235-2641
Willmar Area Food Shelf	Emergency food assistance provided 8 times annually per family. Eligibility requirements.	235-2641
Willmar Area Food Shelf - Northern Office	Emergency food assistance provided 8 times annually per family; same policies as Willmar site. Eligibility requirements. Located in New London.	235-2641
GAMBLING ADDICTION RESOURCES		
Gam-Anon	Family support for those affected by gambling ~ meets at Bethel Lutheran Church, Willmar	235-5450
Gamblers Anonymous	Support group for those with gambling addictions ~ meets at Bethel Lutheran Church, Willmar	235-5450
GRIEF AND LOSS		
Bereavement Support Group	Help and support for families and friends to cope with the death of a loved one. Call Judie for time and place.	231-4442 (Judie)
Camp G.K. Bear	One day camp for children grades K-6 who have experienced the death of a significant person in their lives. Offered two or more times a year based on need. <i>Rice Grief Center</i>	231-4714 (Brenda)
Compassionate Friends	Support for parents who have lost a child ~ meets at <i>Lakeland Medical Center</i> third Tuesday at 7:30 PM.	(320) 366-3421 (Paulette)
Divorce Care	Support for those who are divorced or separated ~ meets at <i>Assembly of God Epicenter, Willmar</i> . Concurrent program for kids (see below).	235-2529
Divorce Care for Kids	Support group for children in grades 1-8 while parents are attending Divorce Care, <i>Assembly of God Epicenter, Willmar</i>	235-2529
Footprints	Support group for women who have experienced the loss of a pregnancy or an infant. Meets at <i>St. Mary's Church, Willmar</i>	(320) 979-6632 (320) 491-0249
Grief Share	Support for those who are grieving the loss of a loved one ~ meets at <i>Assembly of God Epicenter, Willmar</i>	235-2529
Grief Support Group	Support for those who are grieving the loss of a loved one ~ meets at <i>Calvary Lutheran Church, Willmar.</i>	235-7655
Heartbeat	Support group for adult survivors of those who died by suicide. Meets at	354-4768 (Pamela) OR

	<i>Our Lady of the Lakes Catholic Church, Spicer.</i>	354-5182 (Janae)
Parents Forever	A research-based program designed to help parents learn how to make informed, child-centered decisions during a divorce. Meets at Health and Human Services Building. <i>University of Minnesota Extension</i>	231-7890 Ext. 1
Pregnancy Loss Support Program	Individual program of support for women who have experienced the loss of a pregnancy. Facilitated by trained RNs in Women's and Children's Care. Resources, counseling referrals. <i>Rice Hospital.</i>	231-4420
Rice Hospice Grief Center	Services to those experiencing grief and loss. Assessments, referrals, counseling.	231-4714 (Brenda)
SAVE (Suicide Awareness Voices of Education)	Coping with the loss of a loved one from suicide www.save.org	(952) 946-7998
Widows/Widowers Friendship Group	Support for those who have lost a spouse ~ meets at rotating locations. Call <i>First Presbyterian Church, Willmar</i> for more information (right).	235-1263
HOUSING RESOURCES		
Bridges	State of Minnesota rental assistance program for individuals with mental illness waiting for permanent housing subsidy. <i>Minnesota Department of Human Services and Willmar HRA.</i>	235-8637
Habitat for Humanity	Christian-based housing program. Partners with qualifying families by teaching building/maintenance skills, and selling homes with 0% interest mortgage.	231-2704
Heartland Community Action Agency	Energy assistance, housing rental assistance, transitional housing, weatherization, crisis assistance, housing counseling, motel vouchers, advocacy, budget review and housing counseling, foreclosure prevention, landlord/tenant education, and housing assistance.	235-0850 or (800) 392-2290
Kandiyohi County Housing/Redevelopment Authority (HRA)	Rental assistance, town home rental, housing rehab	235-8637
Lutheran Social Services	Programs for youth including SEARCH, transitional housing, financial/debt counseling	235-5411
Salvation Army	Provides immediate motel/hotel vouchers to families facing imminent homelessness.	235-2033
Willmar Area Chamber of Commerce	Listing of Willmar rental apartments; identifies subsidized apartments	235-0300
Willmar Housing/Redevelopment Authority (HRA)	Rental assistance, town home rental, housing rehab	235-8637
LEGAL/CORRECTIONAL		
"Break Free"	Program for incarcerated women. Support group, spiritual counseling, art and writing expression. <i>Hope Presbyterian Church, Spicer</i>	796-2650 (Pastor Candace Adams)
Central Minnesota Legal Services	Legal services for low income people and elderly. Spanish-speaking attorney available. Areas of assistance/appeals: Family law, housing, government benefits, consumer law, employment law.	235-7662 or (800) 622-4011 for new clients
Eighth District Guardian ad litem program	Advocates for children in the legal system	231-6578
Eighth District Public Defenders Office	Assistance for individuals charged with a crime who are financially unable to obtain legal representation	231-6064
Kandiyohi County Community Corrections	Correctional services and supervision of juvenile and adult offenders.	231-6222
Kandiyohi County Diversion Program	For first-time offenders of the law who admit guilt and go through a program dictated by Diversion Coordinator. If requirements are met, charges are dismissed and record remains clean. <i>Approval from Kandiyohi County Attorney's Office required.</i>	231-2440 (Jodi)
Kandiyohi County Law Enforcement Center	Emergency Management, Dispatch, Kandiyohi County Sheriff, Willmar Police, County Jail	Non-emergency & Admin: 214-6700
Prisoners of Hope	Jail Visitation Ministry. <i>Calvary Lutheran Church Willmar</i>	235-2508
	Jail Visitation Ministry. <i>Assembly of God Church, Willmar</i>	235-2529
Prairie Lakes Youth Programs: Correctional	Secure detention and correctional facility; non-secure detention and transition program	231-1729

Restorative Justice and Circle Sentencing	Sentencing Circles consisting of volunteers, victims, youth offenders, and their informal support people meet regularly to address the crime committed. Referral from court system needed. <i>PACT for Families Collaborative</i>	231-7030 Ext. 2975 (Tricia)
SOAR (SSI/SSDI Outreach, Access and Recovery)	Assists low-income eligible families with appealing an SSI or SSDI decision or representing clients at a hearing. Will also help with completing and initial SSI/SSDI application. <i>Heartland Community Action Agency.</i>	235-0850
MEDICAL RESOURCES ~ CLINICS AND HOSPITALS		
Affiliated Community Medical Center	101 Willmar Avenue SW, Willmar www.acmc.com	231-5000
Affiliated Community Medical Center - New London	600 Peterson Parkway, New London	354-2222
Family Practice Lakeland Medical Center	502 2 nd Street SW, Willmar	235-7232
Rice Memorial Hospital	301 Becker Avenue SW, Willmar www.ricehospital.com	235-4543
MEDICAL RESOURCES ~ SERVICES AND SUPPORTS		
Alliance Health Care	Home health care, Willmar Branch	214-7001
Alzheimer's Support Group	Support for families, caretakers affected by Alzheimer's. Meets at <i>Bethesda Pleasant View, Willmar</i> first Thursday at 3:30 PM. Respite care provided.	214-5621 (Bunne)
Arthritis Support Group	Education and support for those with arthritis and their families. Meets first Tuesday at 5:00 PM at <i>Bethesda Day Care Center</i>	235-4891
Cancer Support Group	Support and education for patients and families dealing with the diagnosis and treatment of cancer. Meets Tuesdays at 2:30 PM at <i>Community Health Library, Rice Memorial Hospital</i>	231-4211 (Bev)
Caregiver's Support Groups	Support groups for caregivers ~ meets at <i>First Covenant Church, Willmar</i>	235-0154 (Barb)
	Support groups for caregivers ~ currently meets at <i>Bethesda Sunrise Assisted Living, Willmar</i> second Thursday at 2:00 PM	214-5621 (Bunne)
	Support Group and Respite Care Program ~ meets at <i>Peace Lutheran Church, New London</i> fourth Thursday at 1:00 PM. <i>Lutheran Social Services</i>	(320) 535-4019 (Connie)
Children's Therapy Works	Occupational and Speech Therapy.	214-7082
Contemporary Women's Arthritis Support Group	Support group for women with arthritis	214-5621 (Bunne)
Home Medical of West Central Minnesota	Delivery, set up and instructions for medical equipment. Rental or sales. Offers oxygen and respiratory equipment, wheelchairs, extended care equipment, IV therapy aids and more.	235-8434
Kandiyohi County Public Health	Health educations and program for families	231-7860
Lupus Support Group	Support for those affected by Lupus. Meets last Thursday at 2:00 PM at <i>McMillans, Willmar.</i>	796-5119 OR 212-9461 (Janelle)
Medical Equipment Loan Program	Lends assistive living medical equipment for three to four months. <i>Goodwill Easter Seals.</i>	214-9238
Minnesota Children with Special Health Needs (MCSHN)	Development and Behavior Clinic in Willmar. Evaluations for children with medical, behavioral, developmental, learning or emotional needs. <i>Minnesota Department of Health</i>	(800) 728-5420
Multiple Sclerosis Support Group	Support, education for people with MS and their families. Meets at <i>Bethesda Pleasantview</i>	235-7499 (Theresa)
Ostomy Support Group	Meets second Tuesday (March through December) at <i>Lakeland Health Center</i>	231-4599 (Cathy)
Overeaters Anonymous	Education and Support ~ meets every Monday evening at 6:30 PM <i>Lakeland Health Center, Willmar.</i> Confidential ~ can just show up.	231-8920
Parkinson's Disease Support Group	Support, education for those affected and their families. Meets at <i>Willmar Community Center</i> second Wednesday (except August) at 10:00 AM.	222-0953 (Mary)
Quality Quest Health Care	Home health care, skilled nursing, homemakers	235-5440
RAAN (Rural Action Aids)	Non-profit network based in Alexandria. Frequently comes to Willmar.	(320) 877-RAAN or

Network)	Free confidential HIV testing, counseling, case management and support. Quick results.	(800) 966-9735 (Latino hotline)
Spectrum Community Health	Home health care.	235-5684
Stroke Victims Support Group	Support, education for stroke victims and families. Meets on the third Monday at 2:30 PM at <i>Lakeland Health Center</i>	231-4211 (Bev)
TBI (Traumatic Brain Injury) Support Group	Support for TBI survivors and for caregivers. <i>West Central Industries Job Link</i> .	235-5310 (Alisa)
TOPS (Take Off Pounds Sensibly)	Weight Loss Support Program ~ meets at <i>First Covenant Church, Willmar</i>	235-3010
	Weight Loss Support Program ~ meets at <i>Willmar Community Center</i>	214-7416
MENTAL HEALTH RESOURCES		
ADD/DHD Family Networking Group (TRCP)	Support for parents of children with ADHD. <i>The Resource Center Program/West Central Industries</i> .	(320) 367-2154 (Joel)
Affiliated Community Medical Center	Individual Therapy	214-7082
Autism Family Networking Group and Activities (TRCP)	Support for parents with children with Autism Spectrum challenges. Theater and social skills opportunities for young people with autism. <i>The Resource Center Program/West Central Industries</i>	235-5310 (Nikki)
Children and Adolescent Behavioral Health Services (CABHS)	Inpatient treatment: psychological testing, psychiatric evaluations, individual therapy, group therapy, family therapy. Must be deemed medically appropriate.	231-5337
Children's Mental Health Case Management	Coordination of services for children/youth with mental health needs. Clinical evaluation needed. <i>Kandiyohi County Family Services</i>	231-7800
Children's Therapy Works	Occupational therapy, speech therapy, and mental health therapy services on outpatient basis. Physician's order required for evaluations and any ongoing treatment for occupational therapy and speech therapy.	214-7082
Counseling for Women	Specializing in women's issues including depression, anxiety, stress, relationships, eating disorders, body image issues, grief, sexual abuse, life transition, cancer, etc. <i>Susan Zanin, MS</i>	796-0794
Crisis Center	24 hour crisis intervention. Phone consultation available. Youth mobile crisis services also available ~ 231-9158	235-4613 or (800) 432-8781 (800) 992-1716
Crossroads Counseling	Christian counseling, individual, family and marriage counseling, sexual addictions, depression and anxiety, post chemical dependency counseling, abuse issues, ADD and ADHD, play therapy	214-8558
Depression and Bi-polar Support Groups	Support for those affected by depression and/or bi-polar disorder. <i>West Central Industries</i> .	262-3418 (Stephani)
Family Liaison Program	Support for parents from parent who has navigated the mental health system. <i>PACT for Families Collaborative</i>	231-7030 Ext. 2973 (Polly)
Greater Minnesota Family Services	Psychological testing, home-based services, diagnostic assessments, Shelter Care, HCBS (Home and Community Based Services)	214-9692
La Familia Guidance Center	Culturally competent mental health services for Latino youth and families. Therapy, diagnostic assessments, consultation. Serve families in Willmar area, but clients must travel to the Twin Cities (exception: incarcerated individuals).	(651) 221-0913
Life Seasons Professional Counseling	Individual therapy, family therapy, educational groups, diagnostic assessments, specialization in eating disorders	235-4900
Lighthouse Counseling	Individual therapy, marriage and family counseling, premarital counseling, blended and step family issues, abuse, depression and anxiety, and more.	214-1201
Local Advisory Council of Mental Health (LAC)	Legislative mandated council of consumers and service providers to find ways to improve local mental health services. Reports to county board.	231-7800 (Ask for Children's Mental Health)
Lutheran Social Services	Individual therapy, intensive in-home, foster care, family therapy. Also many youth programs (see Youth Resources)	235-5411
Mental Health Support Groups (TRCP) ~ affiliated with NAMI	Support for people with mental health challenges. <i>The Resource Center Program/West Central Industries</i> .	235-5310 (Polly or Jamin)

Minnesota Children's with Special Health Needs (MCSHN)	Development and Behavior Clinic in Willmar. Evaluations for children with behavioral, emotional, medical, developmental, or learning needs. <i>Minnesota Department of Health</i>	(800) 728-5420
Minnesota Association for Children's Mental Health (MACMH)	Annual Children's Mental Health conference for providers and parents; usually meets in spring in Duluth. www.macmh.org	(800) 528-4511
Morrow Counseling and Consultation	Individual therapy and counseling services. Private pay.	235-9599
National Alliance on Mental Illness (NAMI)	Grassroots organization for people with mental illness and their families. Consumer and family groups and trainings.	235-4211 (George)
PACT for Families Collaborative	Four county Children's Mental Health and Family Service Collaborative. Lead agency for Wraparound. (<i>Kandiyohi, Renville, Yellow-Medicine, Meeker, McLeod</i>)	231-7030
(The) Resource Center Program (TRCP)	Information, support, lending library, networking groups, special events, speakers, Active Lives calendar, and scholarships for children, teens, adults with disabilities/mental health needs and the professionals who support them. <i>West Central Industries</i> . www.westcentralindustries.com/trcp	235-5310 (Jamin)
Rice Hospital Mental Health Unit	Inpatient Hospitalization (age 16+)	231-4390
Rice Institute for Counseling and Education	Individual therapy (age 16+), family therapy, educational groups, psychological testing, medication management, mental health inpatient care (age 16+)	231-4399
SAVE (Suicide Awareness Voices of Education)	Coping with the loss of a loved one from suicide	(952) 946-7998
School-Linked Mental Health Services	Co-locates mental health services and resources within the school setting. Diagnostic evaluations, individual therapy, groups, skill-building, etc. Willmar, NLS, MACCRAY and ACGC Schools. <i>Woodland Centers</i>	235-4613 Ext. 423 (Kim)
SOS (State Operated Services) Willmar Sub-Acute Facility	Step-down facility for clients who have been discharged from acute care in a psychiatric hospital.	235-0900
Woodland Centers	Crisis and outpatient mental health clinic, psychological and psychiatric evaluations, individual counseling, intensive in-home therapy, psychiatric care, alcohol and drug treatment, family and community supports group, Day Treatment (youth and adults), DBT (adolescents and adults), Partial Hospitalization (youth and adults), mental health rehabilitation services	235-4613
Wraparound	Family-driven, strength-based team approach to help families with complex needs (mental health and other needs) achieve their goals. <i>PACT for Families Collaborative</i> .	231-7030 Ext. 2964 (Char)
PREGNANCY/EARLY CHILDHOOD RESOURCES		
Community Teen Moms	Teenage mothers develop effective parenting and independent living skills. <i>Lutheran Social Services</i>	231-7075
ECFE (Early Childhood Family Education)	Public school program for families with children birth – K. Contact local school district offices for more information (see Educational Resources)	Local School Districts
Footprints	Support group for women who have experienced the loss of a pregnancy or infant. Meets at <i>St. Mary's Church, Willmar</i>	(320) 979-6632 (320) 491-0249
Headstart	Preschool program for children and their families. Services children with special needs whose families meet income guidelines set by federal government. <i>Heartland Community Action Agency</i> .	235-0850
Hope Pregnancy Center	Free pregnancy testing, counseling, advocacy and referral services. Free maternity and baby clothes. Free ultrasound available.	235-7619
HUG (Helping Us Grow)	Provides home based education/services to expecting and new parents. Must be referred by Community Health Services. <i>Heartland Community Action Agency/Kandiyohi County Public Health</i>	235-0850
Imagination Library	Preschool children in West Central Minnesota can receive a new book in the mail every month, free of charge. <i>United Way of West Central MN</i>	235-1050 (call for registration form)

Kandiyohi County Interagency Early Intervention Committee	Various agency representatives meet to address concerns of families with children birth-age 5 with special needs	231-5184
Kitchen Camp ~ Teen Moms	Food preparation classes for teen moms. <i>Lutheran Social Services and Heartland Community Action Agency.</i>	235-0850 OR 235-5411
Mothers and Children (MAC)	Nutritional program to complement WIC program. Pick up second Monday of the month. Pregnant women, postpartum mothers and children to age 6 eligible. Financial restrictions apply.	(800) 365-0270
Mothers of Preschoolers (MOPS)	Support and activities for mothers and their preschool children. <i>Evangelical Covenant Church, New London</i>	354-2446
	Support and activities for mothers and their preschool children. <i>Evangelical Free Church, Willmar</i>	235-6231 (Barb)
	Support for mothers of preschoolers. <i>Eagle Lake Lutheran Church, Willmar</i>	231-3114
Planned Parenthood	Family planning services, pregnancy testing, sexually transmitted disease testing. Walk-in services available. <i>2320 East Highway 12, Suite 6. Willmar</i>	235-9150
Pregnancy Education for Teens (P.E.T.)	Prepared childbirth classes specifically designed to meet the needs of pregnant teens and their partners.	231-8920
Pregnancy Loss Support Program	Individual program of support for women who have experienced the loss of a pregnancy. Facilitated by trained RNs in Women's and Children's Care. Resources, counseling referrals. <i>Rice Hospital.</i>	231-4420
Teen Mothers of Preschoolers (Teen MOPS)	Support and activities for teen mothers and their preschool children. <i>Assembly of God Church, Willmar</i>	235-2529
WIC	Nutritional education program. Provides supplemental foods which promote good health for pregnant women, breast-feeding women and children birth – age 5. <i>Kandiyohi County Public Health</i>	231-7066
TRANSPORTATION RESOURCES		
"Helping People Get There"	Transportation program for qualifying people seeking/maintaining employment. Must be working with an employment specialist and receiving MFIP cash assistance. <i>Heartland Community Action Agency.</i>	235-0850 (Rick)
Kandiyohi Area Transit (KAT Bus)	Public transportation: Dial-a-Ride, same day service, Job Access Route, senior volunteer program	214-7433
YOUTH PROGRAM/RESOURCES		
Central Minnesota Jobs in Training	Helps disadvantaged youth ages 14-21 prepare for the workforce through academic learning and employment connections	231-5174
EPIK Center	Many youth activities held in the EPIK Center. <i>Assemblies of God Church, Willmar</i>	235-2529
Fast Forward and On Call	Vocal and instrumental music groups ~ practice and perform locally (some touring with On Call). Tryouts for On Call required. <i>Youth for Christ.</i>	235-0119 (Becca)
Goodwill Easter Seals	GOALS program, employment coaching and training, Student Work Experience program	214-9239 (Bill)
Lend-a-Hand Mentor Program	Mentor matches for children and youth	222-9622
Lutheran Social Services Youth Programs.	Teen Moms, SEARCH, foster grandparents program, transitional housing, family therapy, financial/debt counseling, personal support services	231-7075
Prairie Lakes Youth Programs: Boys and Girls Group Homes	Designed to provide a short-term, nurturing environment for adolescents. Education for youth to identify and evaluate behaviors and issues causing problems in their lives. Promotes and assists communication and problem-solving with families.	231-1729
Prairie Lakes Youth Programs: Correctional	Secure detention and correctional facility; non-secure detention and transition program	231-1729
River of Hope Youth Center	Open to use for birthday parties, Scouts, sports banquets, or other youth-centered events free of charge. <i>Hope Presbyterian Church, Spicer</i>	796-2650 (Cathy)
Team 180	Dirt bike program for truant youth or youth struggling at school. Youth maintain and ride bikes. <i>Youth for Christ.</i>	235-0119 (Patrick)
Teen Central	A site for teens who have problems. They can post their problems and a	

	counselor or professional answers them in 24 hours. They can remain anonymous. www.teencentral.net	
YMCA	Swimming and wellness Center (scholarships and sliding fee scale available with some restrictions), swimming lessons, American Red Cross lifeguard training, day camps, mentoring program, summer sports camps, Teen Leadership programs, other community events	222-9622
Youth for Christ	High school campus clubs, music groups, dirt bike program, after school youth programs ~ year-round activities.	235-0119
Youth Guidance	Program for delinquent or pre-delinquent youth; staff work with Prairie Lakes Youth Programs. <i>Youth for Christ</i> .	235-0119 (Tom)
OTHER SUPPORT RESOURCES		
Kandiyohi County Veterans Service Office	Provides assistance to veterans and their dependants in obtaining benefits provided by the State of MN and Federal Government.	231-6226
SAnon	Twelve step support group for family and friends of people with sexual addictions. Currently meets in St Cloud with members from Kandiyohi County; open to meeting locally in Kandiyohi County.	(800) 210-8141
Outfront Minnesota	Serves the GLBT and allied community with a wide variety of programs and services. Provides programs and services in community organizing, public policy, anti-violence, legal and education training www.outfront.org	(612) 822-0127 OR (800) 800-0350
FIRST CALL FOR HELP	RESOURCE AGENCY TO ASSIST WITH FINDING AN AGENCY OR RESOURCE, AND PROVIDE CONTACT INFORMATION ABOUT THE NEAREST SUPPORT GROUPS NOT LISTED	(800) 543-7709