

Full Collaborative Meeting
Wednesday, May 12th, 2010; 11:45 am to 1:45 pm
Renville Co. Office Building; Olivia, MN

Present: Amy Wilde, Meeker County Commissioner
Angie Mateski, LSS Youth Programs SW SELF Coord.
Annie Tepfer, PACT 4 Renville Co. Coalition Coord.
Ashley Babcock, Shelter House
Becky Knudson, Heartland CCR & R
Becky Romosz, Kandiyohi County parent
Bev Wangerin, McLeod Co. Commissioner
Brian Gauer, PACT 4 21st CCLC Grant Coordinator
Brian Skogen, Canby/PACT 4 School Social Worker
Cathy Nelson-Messer, Heartland Head Start
Char Erickson, PACT 4 Wraparound Coordinator
Chris Sullivan, Renville County
Cindy Louwagie, Countryside Public Health Nurse
Deb Spaeth, Prairie 5 Child Care Resource & Referral
Debb Sheehan, PACT 4 Director
Debi Brandt, Heartland Community Relations Director
Diane Winter, Meeker Co. Public Health Director
Dick Larson, Kandiyohi County Commissioner
Elaine Bolland, Harmony Visitation Center Coord.
George Dubie, Greater MN Family Services Director
Greg Schmidt, MACCRAY School Superintendent
Gwenn Garcia, PACT 4 Guia Grant Coord.
Jane Ryan, Dassel/Cokato Early Childhood Programs
Janine Kramer, Renville Co. Outreach (Shelter House)
Karen Norell, YME High School Principal
Karen Urban, Woodland Centers School Linked MH Grant Coord.
Kim Hanson, Woodland Centers Unit Director
Laurie Bliss, Yellow Medicine County parent
Linda Senst, McLeod County PHNS/ Collaborative
Lisa Kraft, Hutchinson Schools Director of Special Svcs.
Lori Clasemann, CIRCLE-Kinship Director
Lynette Braun, Rice Hospital PET Program Coordinator
Lynn Kuehn, ECHO Charter School
Malea Radermacher, Renville Co. Human Svcs Social Worker
Marc Robertson, Western Mental Health Program Supervisor
Mary Kay Sinner, Renville Co. Public Health Family Health Sprvsr
Rick Loseth, PACT 4 Families Supervisor
Ron Kutzke, Meeker County Commissioner
Sandy Peterson, Renville Co. Public Health Nurse
Sara Barber, Woodland Centers School-Linked Mental Health Program
Susan Arvidson, Yellow Medicine Co. Family Svcs Social Worker
Tammy Thompson, Meeker Co. Probation Director
Tricia Buggs, PACT 4 Kandiyohi Co. Community Circles Coord.
Virginia Sullivan, Renville County parent
Wendell Veurink, Greater MN Family Svcs Counselor

1. Approval of Minutes

Gwenn Garcia offered a motion to approve the March minutes as presented; Chris Sullivan seconded. Motion carried.

2. Approval of Agenda

Laurie Bliss offered a motion to approve the agenda as written; Lori Clasemann seconded. Motion carried.

3. Committee Reports

- a. Executive Board – the agency’s seven-year budget plan is still on target. The board also discussed the LCTS random moment process going electronic as of October 1, 2010. Debb Sheehan informed board members that the number of grants available for PACT 4 to apply for seem to be decreasing, but we’re always “on the lookout” for new ones. A new member was approved: The James House, in Willmar. This is a group home for men coming out of chemical dependency treatment. Discussion was held regarding why they wanted to join PACT 4: they want to reach out to the community and tie into family resources, so consensus was that they would be a good fit.
- b. Adolescent Services Committee – Debi Brandt from Heartland Community Action Agency attended to inform the committee about all the programs Heartland offers or is involved in; committee also discussed future agenda items.
- c. Early Childhood Committee – committee received an update of the birth to five grant, and spent time discussing the grant and its activities; also discussed other goals for the committee with lots of ideas being generated.
- d. Elementary/Middle School-Age Committee – completed the Services and Resources Analysis form. Committee reviewed six-month follow up survey results from those that attended the school connectedness conference. A survey was sent out to determine if those who attended have used the tips and tools that they learned that day, and found that quite a few of them were.
- e. Wraparound Committee – discussed having members from the faith-based community possibly attend committee meetings, as some Wraparound teams have more faith-based members attending team meetings. The March orientation training was well attended, by fourteen people.
- f. Parent Advisory Committee – committee members signed thank you notes for collaborative members who have contributed to the scholarship fund for parents. The committee has begun discussions about holding a parent event either in the fall or next spring. Heard an update on the mental health walk that will be held in Kandiyohi County on May 20th. Becky Romosz talked about legislative news regarding PCA programs and possible cuts to children’s mental health. Also, there will soon be

a statewide mental health LAC (Local Advisory Council) website, developed and maintained by a 17-year old consumer. It will launch at the end of the month.

4. Woodland Centers: School Linked Mental Health Grant

Kim Hanson, Unit Director of Youth Services, is also the supervisor for the school linked mental health grant. In 2007 the Minnesota Legislature passed legislation to invest in a number of "Infrastructure Development Grants", including the School-Linked Mental Health Services (SLMHS) grant, which was part of the governor's mental health initiative. An RFP was issued in December 2008 and contracts were negotiated with 21 grantees for three years, beginning July 1, 2009 and ending June 30, 2011. Children and youth, ages birth to 21, are eligible for grant services. A Diagnostic Assessment is used to develop the Individual Treatment Plan (ITP); and children must meet the designation of having an Emotional Disturbance (ED) or a Serious Emotional Disturbance (SED). But, they are not required to have an Individualized Education Plan (IEP). Services provided are: diagnostic assessments, individual or family therapy, individual or family skills training, group psychotherapy, and group skills training.

State data for children served is:

Total referrals=11,192

Total unduplicated number of students receiving services=6,395 (41% were female, 59% were male)

Average=3,172 students served per quarter in 2009

42,902=MHCP (Minnesota Health Care Plan) enrolled children 0-18 served in calendar year 2008 (49% of whom were receiving mental health services for the very first time)

Through this grant, Woodland Centers has served 395 unduplicated kids through December 2009, with an estimated 170 of them new clients to their agency. School districts served are: Litchfield, ACGC, Willmar, NL-S, MACCRAY, BOLD, RCW, YME, Montevideo, and LQP Valley. Survey data received from school personnel all reflected good to excellent ratings in all categories.

What has Woodland's learned about what works in this grant?

- Easily informed of school issues
- Students not traveling to appointments and missing school
- Parents not missing work
- Increased consistency
- Fewer no shows
- School secretaries are key
- Provides easier access to mental health services
- Increased communication between school/mental health
- Students are not being taken out of core classes
- There is earlier identification of mental health for students
- Gives the ability to provide family contact with practitioners

What doesn't work?

- Missed parent contact
- Parents not calling back
- Family therapy is difficult in school
- Difficult to see everyone during school hours
- At times, difficult to call students out of class
- Providing services in several buildings limits direct service time
- Shorter sessions than in the office
- The needs have exceeded their resources-there are not enough hours in the week to serve the number of kids who need services

5. Grant Reports

a. Guía – Gwenn Garcia, grant coordinator, gave an update of the grant, which deals with chemical health intervention services for Hispanic / Latino Youth. The second year of the grant will wrap up on June 30th, 2010 and positive changes are being seen with the youth that are involved. In year two, the program has received 32 referrals; 51 youth and their families receive services. Overwhelmingly, Kandiyohi County makes up the majority of the referrals, but about one-fourth are received from Renville County. About half of the youth involved are in the 14-17 year old age range.

Services provided by the program are:

- One on One Coaching - for quarter three of the second year, 637 contacts were made with youth and family members, totaling 489 hours of contact.
- "Creating Lasting Family Connections" Curriculum - the process of implementing the CLFC curriculum with the youth has begun, with the parent portion of the curriculum to follow soon. A total of fourteen youth in the third

quarter have taken the CLFC pre-test, and started on the curriculum.

- Goal Setting - in the third quarter of year two, 21 youth were able to reach case plan goals. Examples of goals are: school completion (either graduation or credits obtained), pursuing future work interest or employment, positive community living, or obtaining Rule 25 assessments.
- Talking Circles - the first Guía circle was on March 3rd. It was committed to coming up with circle guidelines and expectations. The guidelines that were established and will be used for all following circles are: confidentiality, respect/honesty/trust, courage to be real, reliability, proactive, patient, and friendly. The second circle was on March 17th where the youth were able to partake in a presentation on nutrition and then talk in the circle about health. Circles will be held on the first and third Wednesday of each month.
- Wraparound Teams - three Wraparound teams are currently meeting on an ongoing basis, and one is under the facilitation of the Wraparound Coordinator.

Moving forward, the program is gearing up for summer programming by providing a field trip to Valleyfair to reward the youth for their hard work. Another possible event for the summer is the "Tomorrow's Leaders Today" (TLT) conference in Duluth. Staff are also looking for educational opportunities to enhance their skills in working with the youth.

b. Yellow Medicine County ATOD – The coordinator was unable to be present today due to illness, so Rick Loeth, grant supervisor, reported in her absence. The grant continues to work on the MOST of Us® positive social norms campaign, promoting chemical-free activities for youth. The county will continue to do compliance checks and beverage server training.

6. Other

a. Brain Conference – the date has been set for the ninth annual training: November 16th. The general theme of the conference will be autism, with secondary sessions on empathy and emotions. PACT 4 will be applying for a grant to help with speaker and other conference costs.

b. Next Meeting – June 9th at Peter's on Lake Ripley, in Litchfield.

Minutes respectfully submitted by Shawna Steffen, PACT 4