

**PACT 4 FAMILIES COLLABORATIVE
EARLY CHILDHOOD MEETING MINUTES**

June 9, 2010

Present: Cindy Louwagie, Countryside PH; Mary Kay Sinner, Renville Co. PH; Diane Winter, Meeker Co. PH; Chery Johnson, Kandiyohi Co. PH; Tanya Smith and Shannon Slagter (Kandiyohi Public Health Summer Interns); Wendy Walz, Litchfield EC Programs; Jane Ryan, Dassel-Cokato EC Programs; Becky Knudson, Childcare Resource & Referral; Deb Spaeth, Prairie Five Childcare Resource & Referral; Cathy Nelson-Messer, Heartland Head Start; Rick Loseth, PACT 4; Linda Mathiasen, PACT 4

Guests: Cindy Wendorf, McLeod ECFE and Linda Senst (McLeod Public Health)

- I. Welcome and introductions
- II. Approval of May 12 meeting minutes; motion by Chery Johnson, second by Mary Kay Sinner and Cindy Louwagie. Motion carried.
- III. Agenda approved with no additions; motion by Chery Johnson, second by Rick Loseth.
- IV. Meeting Recorder appointed-Linda Mathiasen; Reporter appointed-Jane Ryan.
- V. 2010 Goals
 - a. Birth to Five Mental Grant was not unallotted, concern expressed at May's meeting for reduction in funding for second year
 - i. Purchasing of Michigan Wheels (\$2 each).
 1. Discussion included how we would distribute these if the grant was to purchase some—medical clinic (6 mos. and 18 mos.) in connection to ASQ:SE screening; Public Health home visits and EC Preschool Screening.
 - a. Assignment for All: Check within your organization for the availability of Michigan Wheels—how many do you have and how are they being distributed.
 2. A parenting education tip sheet is now available to accompany the book <http://www.parentingpress.com/activity/wayifeelplan.pdf>
 3. Available in English and Spanish. Board books \$7.95 without bulk/teacher discount. Spanish is only available in hard cover—need to verify.
 - ii. Purchasing a children's book, such as *The Way I Feel* may be a better option.
 1. These were first distributed through Project SUCCEED.
 2. A parenting education tip sheet is now available to accompany the book <http://www.mavanetwork.org/resources/Documents/Social%20Media%20Mini%20Start%20Up%20Guide.pdf>
 3. Available in English and Spanish. Board books \$7.95 without bulk/teacher discount. Spanish is only available in hard cover—need to verify.
 - b. Reaching parents using Social Networking tools
 - i. Briefly discussed Facebook and other tools.
 - ii. Information Seminar held by MAVA in Willmar and other locations. Check their website for information <http://www.mavanetwork.org/resources/Documents/Social%20Media%20Mini%20Start%20Up%20Guide.pdf>
 - c. Distribution of ASQ:SE parent handouts and ideas for cultivating social-emotional development were discussed. Many only have access to the screen itself. These could be distributed during EC screening, medical visits, home visits and members of the Follow Along program. Rick Loseth has the CD, contact him or Linda Mathiasen.
- VI. Other good resources
 - a. *Happiest Baby on the Block*—Mary Kay discussed its availability to Public Health. It includes a book, videos and swaddler. *Happiest Toddler on the Block* is also available.
 - i. Looks closely at why some cultures do not experience colic and what baby reflexes can be tapped to create a “4th trimester” outside the womb.
 1. Becky Knudson has videos available through CCR&R.
 - b. *Happy Baby* books are also available through PACT 4.
- VII. Early Childhood Mental Health Grant Update
 - a. ACMC is working to become a second pilot site for the ASQ:SE in Somali. They are also screening 18-month children during well child visits to their pediatric department in Willmar. They will be regrouping in July to check process and expand rollout.

