

**PACT 4  
FAMILIES  
COLLABORATIVE**

THE NEXT FULL  
COLLABORATIVE  
MEETING IS:

**September 8**

Health & Human Services Building, Willmar

11:45 am to 1:45 pm

Cost: \$6.00

RSVP requested:

320-231-7030 ext. 2961 or

Email:

shawna.steffen@  
co.kandiyohi.mn.us

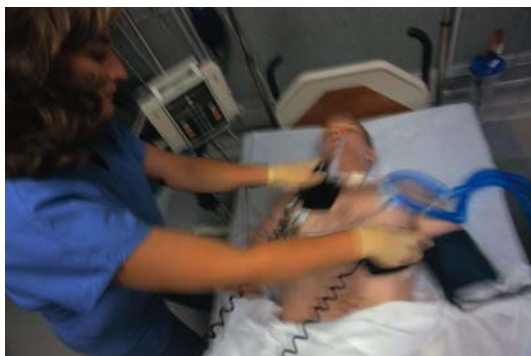
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# PACT 4 NEWSLETTER

SEPTEMBER 2010

## Preventing Teen Suicide Begins With Awareness



Suicides among young people continue to be a serious problem. Each year more than 5,000 U.S. teenagers commit suicide. The warning signs and risk factors associated with teen suicide include: depression, previous suicide attempts, recent losses, frequent thought about death, and the use of drugs or alcohol. A teenager planning to commit suicide may also give verbal hints such as "nothing matters," or "I won't be a problem for you anymore." They may also give away favorite possessions or become suddenly cheerful after a long period of sadness.<sup>1</sup>

Part of preventing teen suicide includes recognizing the issues that can trigger feelings of teen depression leading to suicidal thoughts and feelings. Teen suicide prevention requires diligence on the part of guardians, as well as a willingness to seek professional help when it is needed.

One of the first steps to teen suicide prevention is to recognize suicidal behaviors in teenagers. It is important to be involved in a teenager's life, so that you can recognize when behavior seems a little abnormal and prone to teen depression and/or teen suicide. Realizing that teenagers have a lot of stress on them today can help you understand that it may seem difficult for teens to cope with all of the life and hormonal changes they are going through<sup>2</sup>. Be on the lookout for behavior that indicates a pattern of suicidal thoughts and feelings, including the following:

- Expresses thoughts of death, dying and a desire to leave this life
- Changes in normal habits, such as eating and sleeping, and spending time with friends and family
- Dramatic weight fluctuations, in any direction
- Evidence of substance abuse (alcohol and drugs, both legal and illegal)
- Dramatic mood swings (becomes very happy after feeling very depressed)

**Depression and suicidal feelings are treatable mental disorders.** The child or adolescent needs to have his or her illness recognized and diagnosed, and appropriate treatment plans developed. **If a child or adolescent says, I want to kill myself, or I'm going to commit suicide, always take the statement seriously and immediately seek assistance from a qualified mental health professional.** People often feel uncomfortable talking about death. However, asking the child or adolescent whether he or she is depressed or thinking about suicide can be helpful. Rather than putting thoughts in the child's head, such a question will provide assurance that somebody cares and will give the young person the chance to talk about problems.<sup>3</sup>

**RED NACIONAL**  
de  
**PREVENCIÓN**  
del  
**SUICIDIO**  
1-888-628-9454  
preenciondelsuicidio.org

**September 10 is National Suicide  
Prevention Day**

**NATIONAL**  
**SUICIDE**  
**PREVENTION**  
**LIFELINE**  
1-800-273-TALK (8255)  
suicidepreventionlifeline.org

<sup>1</sup> Glossary of Symptoms and Illnesses. American Academy of Child & Adolescent Psychiatry. Retrieved (2010, September 2) from [http://www.aacap.org/cs/root/resources\\_for\\_families/glossary\\_](http://www.aacap.org/cs/root/resources_for_families/glossary_)

<sup>2</sup> Teenage Suicide Prevention. Retrieved (2010, September 2) from <http://www.teensuicide.us/articles3.html>

<sup>3</sup> Facts for Families: Teen Suicide. (May, 2008). American academy of child & adolescent psychiatry. Retrieved (2010, September 2) from [http://www.aacap.org/cs/root/facts\\_for\\_families/teen\\_suicide](http://www.aacap.org/cs/root/facts_for_families/teen_suicide)

**"PACT 4 Families****Mission:**

**"As a collaborative, we will work together to reduce duplication and provide a family-driven continuum of quality, innovative, and cost-effective services for children and their families. These services will be culturally sensitive and strength-based."**

## Director's Corner

**"Courage is fire, and bullying is smoke."**

~ Benjamin Disraeli

**BULLYING IS** aggressive behavior that is intentional and that involves an imbalance of power or strength. Often, it is repeated over time and can take many forms. Research on bullying prevention has discovered much about bullying behavior but some recent studies have begun to analyze the individual attributes of bullies and their victims.

In a meta-analysis study reported in the June, 2010 issue of *School Psychology Quarterly*, researchers reviewed 153 studies and found that victims and bullies have some attributes in common, including poor problem-solving skills within social situations.

Researchers have concluded at least three factors in a child's behavior that can lead to social rejection, including a child's inability to pick up on and respond to nonverbal cues from others,<sup>1</sup> nonverbal communication: reading nonverbal cues, understanding their social meaning, and coming up with options for resolving a social conflict. A child, for example, simply may not notice a person's scowl of impatience or understand what a tapped foot means. Or she may have trouble reconciling the desires of a friend with her own. "It is important to try to pinpoint the area or areas in a child's deficits and then build those up," researcher, Curt McKown explained.

So, victims and bullies have some things in common, but the meta-analytic research pointed out what is perhaps the most significant finding: **Those who do**

**poorly in school are at a higher risk of becoming a bully.** This discovery may not be news to educators, but it emphasizes what teachers have known all along... doing well in school leads to success in many avenues of life.

There are many bullying prevention programs available, including the Olweus program implemented by many schools in our four counties as part of the SHARE Safe Schools Healthy Students grant. Why not use the start of the school year to dust off all those great materials and review the videos that participating districts should have in inventory? If you aren't familiar with what resources your district has, check with your administrator and join us in keeping bullying at bay.

*"I just want the bullying to stop. That is all I ever wanted. I used to love going to school. Now I hate it."* (9-year-old Verity Ward)

Debb Sheehan, Director



(320) 231-7030 ext..2965; [debb\\_s@co.kandiyohi.mn.us](mailto:debb_s@co.kandiyohi.mn.us)

<sup>1</sup>The studies are detailed in the current issue of the *Journal of Clinical Child and Adolescent Psychology*. They were funded by the Dean and Rosemarie Buntrock Foundation and the William T. Grant Foundation.

**Would you like to receive this newsletter in full color via email? Please contact Shawna at (320) 231-7030 ext. 2961 or [shawna.steffen@co.kandiyohi.mn.us](mailto:shawna.steffen@co.kandiyohi.mn.us) to request your PACT 4 newsletter be delivered via email.**

## Birth to Five Mental Health Grant—Increasing Awareness & Referral

**PHYSICIANS, PUBLIC HEALTH** nurses, and early childhood school staff are actively referring children to the Birth to Five Mental Health Grant. “When should a referral for mental health services be the next step?” has been a common question. The Ages & Stages Questionnaire: Social-Emotional (ASQ:SE) helps parents and those visiting with the family start the conversation about seeking help from a mental health professional.

Data collected statewide for the first year of the Birth to Five Mental Health grant shows that 91% of 2,030 children referred for mental health services are receiving help for the first time. The majority of children (36%) are four years of age. Five and three years are very close at 18.3% and 17.6% respectively. In our four PACT 4 counties, we see a similar referral ratio of children ages three, four and five referred for services.

Over this next year, Birth to Five Mental Health grantees will be focusing efforts on increasing the number of very young children, age birth to two years, referred for services. The percentage of referred children in this age group is significantly less--0.9% for children less than one year, 3.2% for one year olds and 5.35% for two year olds. This population of children is more difficult to identify because they are growing and developing quickly and tend to have a smaller number of people in their lives compared to three, four, and five year old children, who are in organized activities such as preschool and Sunday School.

Early childhood screening and parent education on social-emotional development is vital to building the foundation for a child’s success in school, relationships, the workplace and community. Babies and young children are learning daily how to cope and respond to everyday stress, which is an important part of healthy development. How-

ever, too much stress may become toxic, resulting in damage to developing brain circuits.

If you are a parent, grandparent or neighbor of a young child, please encourage parents to learn more about a child’s social-emotional development and to share their concerns to their medical provider and request a social-emotional screening. Additional resources are county public health or early childhood programs in your school district.

*Linda Mathiasen, Grant Coordinator (320) 231-7030 ext. 2972;  
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### Social-Emotional Development Milestones

#### **By end of 3 Months:**

- Begins to develop a social smile
- Enjoys playing with other people; may cry when playing stops
- Imitates some movements and facial expressions

#### **By end of 1 Year:**

- Cries when mother or father leaves
- Enjoys imitating people in her play
- Repeats sounds or gestures for attention

#### **By end of 2 Years:**

- Imitates behavior of others, especially adults and older children
- Demonstrates increasing independence
- Begins to show defiant behavior

## Guía

**AT THE BEGINNING** of August, several youth enrolled in the Guía program were able to participate in the 2010 youth leadership conference *Tomorrow’s Leaders Today (TLT)*. The purpose of the TLT conference was to show young people their potential as leaders, to teach them leadership skills, and to identify ways they can become participating citizens in their communities. This year’s conference theme was “Finding & Using Your Voice”.

Guía youth in attendance at the conference implemented the intent of this message by taking part in breakout sessions, listening to keynote speakers, joining in on musical performances, and networking with other youth. Participants were espe-

cially motivated by one keynote speaker, Mike Donahue, owner/director of R5 Productions. Mr. Donahue’s goals were to equip and empower young people with the necessary tools to be the change that they want to see in the world. Many of the youth related to the personal stories he shared. Mike challenged the youth to “walk a mile” in someone else’s shoes and go beyond passing judgment, make right choices for themselves, and to re-invent their normal in order to change the path they may be on.

Overall, the youth that attended TLT seem to be exhibiting many of the new leadership skills they learned during the conference. For instance, at our Talking Circle on August 18,

several of the youth were able to use their voice to share with the group information they had taken away from the conference.

*Gwenn Garcia, Coordinator  
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Funding for the PACT 4 Families Collaborative 21<sup>st</sup> Century Community Learning Centers grant program is provided by the federal government through the No Child Left Behind Act and is administered by the Minnesota Department of Education.

## 21st Century Community Learning Center—Year 3 Summary

**JULY 31, 2010**, marked the end of the third year for the Cohort 3, 21st Century Community Learning Center (CCLC) Grant. Several accomplishments of the past three years can be celebrated. First, we can celebrate that one partnering district completely added an out-of-school time elementary program while another expanded its elementary program by adding grades three and four. We can also celebrate the steady and significant progress in meeting the original goals that were established by the grant partners. One such goal was to have 281 regular 21st CCLC attendees in Year 3. (A regular attendee is a participant that attends 30 sessions or more.) Altogether there were 282 regular attendees at the sixteen PACT 4 21st CCLC sites in Year 3.

More significant might be the growth and improvement of the regular attendees as reported by their classroom teachers via the year-end Follow Up Survey responses. The Follow Up Survey asks questions about attendance, behavior, attention, homework, motivation and classroom participation, to name a few. The teacher then ranks the students' performance on a seven point scale ranging from significant decline to significant improvement. Year 3 Follow Up Survey data showed an average increase of more than 60% improvement in those areas for regular attendees when they participated 30 to 59 days. When attending from 60 to 89 days, regular attending participants'

improvement in those areas increased beyond 70%.

There are three main goals that give direction to the Know Your World (KYW) 21st CCLCs out-of-school programs: increase academic achievement of participating students in one or more core academic areas; increase school connectedness of participants; and, increase the capacity of participants to become productive adults. The Site Coordinators at each district have been extremely instrumental in setting the tone for building relations with the participating students in their KYW programs. They have accomplished this by selecting quality staff that understand the importance of creating those relationships.

Site Coordinators participate in staff development opportunities in order to continually enhance their programs. As part of the National Partnership for After School Science to Scale (NPASS2) curriculum, several coordinators participated in training to successfully create gliders using minimal supplies or instruction. The coordinators then go back and train additional staff who eventually present the activity in their after school programs.

We received official word on August 12, 2010, that our request for extended funding for Grant Years 4 and 5 had been approved. We look forward to further quality programming at all KYW PACT 4 21st CCLCs in the coming years.

*Brian Gauer, Coordinator  
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brian.gauer@co.kandiyohi.mn.us*



Top: EVW Site Coordinator Denise is ready to sail her glider as other coordinators look on.



Above: Canby Site Coordinators Nick and David, look a bit like Orville and Wilbur as they contemplate launching their glider.



Left: Site Coordinators Carrie-RCW; Joan-BOLD; and Monica-ACGC constructing gliders that would make even Boeing proud.

## Yellow Medicine Co. Chemical Health Grant



**THE CHEMICAL HEALTH COALITION** of Yellow Medicine County is dedicated to reducing underage access to alcohol and underage drinking. While working with youth is a vital part of the coalition's work, changing the attitudes and behavior of our youth is just one step in preventing underage drinking. We must also work with the community and our judicial system to make the necessary adjustments to create a lasting change in our environment. To this end, the Coalition is currently working on proposing a Social Host Ordinance in the county.

Why is this ordinance important? Alcohol is the number one drug of choice for youth, and alcohol-related incidents are a leading cause of death among teenagers. Alcohol use can lead to traffic accidents, fatalities and property loss, assaults, accidental overdose, and suicides. Research shows people who begin drinking alcohol as adolescents are more likely to become chemically dependent.

The Minnesota Student Survey indicates that the vast majority

of alcohol consumed by youth is provided by their friends, parents, other family members, or at parties; rather than the youth buying it themselves or taking it. Currently, in Yellow Medicine County individuals may be charged with furnishing alcohol to a minor, and anyone under 21 can be charged with possession or consumption of alcohol, but officers are often unable to identify who provided the alcohol.

This ordinance will hold individuals criminally responsible for hosting or allowing an event on private or public property where persons under age 21 possess or consume alcohol, regardless of who supplies the alcohol to the minors. Our hope is that the county passes this ordinance first, with individual cities following.

*Ann Orren, Coordinator*  
(320) 669-1460; [annorren@frontiernet.net](mailto:annorren@frontiernet.net)

## Kandiyohi Co. Community Circles

**IN RESTORATIVE JUSTICE CIRCLES**, metaphors and/or stories are used to show how we as unique individuals share some of the same core values. One way we share our stories and/or metaphors is in our Circle openings and closings. Not only do they help participants to think in ways that unite rather than divide, they also help participants shift their focus from their day to the Circle space.

The following is one such example of an opener we have used in Circles:

### **"Two Wolves"**

One evening an old Cherokee told his grandson about a battle that goes on inside of people. He said, "My son, the battle is between two wolves inside us all.

One is Evil. It is anger, envy, jealousy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego.

The other is Good. It is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion, and faith."

The grandson thought about it for a minute and then asked his grandfather, "Which wolf wins?"

The old Cherokee simply replied, "The one you feed."



After reading this short story I asked each participant to pick up the string that I had laid across the back of their chair. We asked the participants to do a check in, how they were doing, and to think about a time they were angry or about a person who has made them angry. They could respond out loud if they wished or pass the talking piece. As they shared or thought about the question, they tied their string to the next person's string. When everyone had shared and all our strings were tied together in a circle, I asked all the participants to lay the string down in the middle of the Circle. It was a representation of us laying our anger down for the rest of Circle and letting our "kind, loving, and hopeful" self into the Circle as mentioned in the story. During this Circle it was great to see participants refer back to anger, how to let it go, how to deal with it, and how it's a normal human emotion.

*Tricia Buggs, Coordinator; (320) 231-7030 ext. 2975*  
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## July Full Collaborative Highlights

**Double Dutch** – Jill Bruns, Renville County Public Health, presented about teen pregnancy and STD prevention, and how to learn from other countries about lowering teenage birth rates. The United States teenage birth rate is the highest in the developed world and is about four times the European average. The Netherlands, Germany, and France have some of the lowest teenage births, abortions, and sexually transmitted diseases (STD's) in the world. They began a mass campaign over 20 years ago, with the message: *Safe Sex or No Sex*. Some reasons for their success: they begin discussions about sex at an early age—before embarrassment and before it can be interpreted as sending a signal that the time has come to start having sex; they expend much less time and effort trying to prevent young people from having sex and more time and effort in educating and empowering young people to behave responsibly when they decide to have sex. Some methods that they use are: media campaigns to change social norms and thinking, education in the schools, access to and payment for contraceptives. The “Double Dutch” philosophy includes education that is focused on postponing sex and good decision making, especially for young teens, the expectation that if and when a teen decides to have sex, they always use birth control – both the boy and the girl; not just one or the other.

According to Bruns, lessons could be learned from the teenage drinking campaign and applied to the problem of teen pregnancy: the USA has successfully launched the campaign in schools and the media about drinking and driving; society now frowns on drinking and driving; acknowledges that drinking does occur, even underage drinking; emphasizes it's best if you don't drink; but if you do drink, don't drive! Jill shared the packets that have been handed out in the counties of Renville and Redwood, where 18,000 condoms were distributed. STD rates either remained stagnant or went down. Jill received one call from a parent, and it was a respectful exchange. Distribution has dropped off, but she is still working with county administration to get more packets out.

### Committee Reports:

**Executive Board** – fiscally, we're halfway through the year. We've received 45% of our projected income and spent 51%. The board continued the data privacy discussion and chose the date of September 9th for the annual retreat. The topic is change and expansion. McLeod County is considering a request to join PACT 4 and so the topic will fit right into discussions around that possibility. Members also discussed the LCTS claiming changes, and the LCTS grant application process. Year-to-date, discretionary/flex funds are at \$34,383 awarded, with a budget for \$40,000. Approved two new members: West Central Industries and Youth Connection Center (they work with Somali youth).

**Adolescent Services** – discussed the future distribution of remaining crisis cards and a speaker from Shelter House shared information about their services.

**Early Childhood** – received an update on the Birth to 5 Mental Health grant, which has started its second and final year, worked on a November collaborative presentation, discussed a survey to be sent out to child care providers to find out what their needs are, and talked about applying for discretionary grant dollars to be a site for a *Lessons From the Field* training.

**Elementary/Middle School-Age** – discussion involved regrouping and refocusing the committee, and contacting districts to make them aware of the committee and get more involvement.

**Wraparound** – discussed meeting satisfaction surveys and youth surveys, and elected a new chair and vice-chair.

**Parent Advisory** – discussed a parent event possibly in October that would be open to all parents, and would include a short Wraparound training for parents.

### Grant Reports:

**Restorative Justice/Circle Sentencing**—Tricia Buggs, grant coordinator, gave a program update and shared results of a recent volunteer survey. The volunteers are the heart of the program and overall gave favorable responses to the questions. Two Circle volunteers were present to share their view of Circle and how the experience has benefitted them.



### Did you know?

Autism is the result of alterations in how the brain processes information that alters how the mind sees the world.

**Join us TUESDAY, NOVEMBER 16, 2010**  
**PACT 4's 9<sup>th</sup> Annual Community Conference on the Brain**

*Keynote Speaker: Nationally Acclaimed Expert on Autism, Nancy Minshew, M.D.*  
 and numerous local experts providing insights and practical knowledge  
 about living and working with people that have autism

| <h2>September</h2>                                      |                                                                                                                    |                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                           |           |
|---------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| Mon                                                     | Tue                                                                                                                | Wed                                                                                                                                                                                                                                                                                                                   | Thu                                                                                                                                                                                                                       | Fri       |
|                                                         |                                                                                                                    | <b>1</b> ■ Office Staff Mtg; 1:30-2:30; #2057<br><b>OFFICE CLOSED DURING MEETING</b>                                                                                                                                                                                                                                  | <b>2</b>                                                                                                                                                                                                                  | <b>3</b>  |
| <b>6</b><br><br>Labor Day-Office closed                 | <b>7</b> ■ Willmar RJ Circle #4; 5:30-7:00; Lakeland Ctr                                                           | <b>8</b> ■ PACT 4 Comm. and Full Collaborative meetings-Willmar; Early Childhood meets at 10:00 and all others at 10:30; (Success Comm. at 1:30); check website for details on committee mtgs (RSVP)<br>■ Early Childhood Mental Health Mtg; 1:30-4:00; #2055<br>■ Willmar Transition Circle; 5:30-7:30; Lakeland Ctr | <b>9</b> ■ Executive Board Retreat; Green Lake Bible Camp-Chrysalis Room; 9:00-3:00<br>■ Kandiyohi Co. Circles Steering Comm; 12:00; The Oaks at Eagle Creek (Willmar)<br>■ Willmar RJ Circle #3; 5:30-7:00; Lakeland Ctr | <b>10</b> |
| <b>13</b> ■ Parent Advisory Mtg; 5:30-7:30; YMCA (RSVP) | <b>14</b> ■ New London RJ Circle; 5:30-7:00; Peace Lutheran Church<br>■ Brain Conf. Planning Mtg; 3:30-4:30; #2035 | <b>15</b> ■ Kandiyohi Co. Circle Volunteer Mtg; 11:45-1:00; #2057                                                                                                                                                                                                                                                     | <b>16</b>                                                                                                                                                                                                                 | <b>17</b> |
| <b>20</b> ■ Willmar RJ Circle #2; 5:30-7:00;            | <b>21</b> ■ Willmar RJ Circle #4; 5:30-7:00; Lakeland Ctr                                                          | <b>22</b> ■ Willmar Transition Circle; 5:30-7:30; Lakeland Ctr                                                                                                                                                                                                                                                        | <b>23</b> ■ Willmar RJ Circle #3; 5:30-7:00; Lakeland Ctr                                                                                                                                                                 | <b>24</b> |
| <b>27</b>                                               | <b>28</b> ■ New London RJ Circle; 5:30-7:00; Peace Lutheran Church                                                 | <b>29</b>                                                                                                                                                                                                                                                                                                             | <b>30</b>                                                                                                                                                                                                                 | <b>1</b>  |

| <h2>October</h2>                                                                                       |                                                                                                                                                     |                                                                                                                                                                                                                                                                 |                                                                                                                                              |                                                                          |
|--------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|
| Mon                                                                                                    | Tue                                                                                                                                                 | Wed                                                                                                                                                                                                                                                             | Thu                                                                                                                                          | Fri                                                                      |
| <b>4</b> ■ Willmar RJ Circle #2; 5:30-7:00; Lakeland Ctr                                               | <b>5</b> ■ 21st CCLC Advisory Mtg; 8:30-10:30; #2035<br>■ Executive Board Mtg; 11:30-2:00; #2055<br>■ Willmar RJ Circle #4; 5:30-7:00; Lakeland Ctr | <b>6</b>                                                                                                                                                                                                                                                        | <b>7</b>                                                                                                                                     | <b>8</b>                                                                 |
| <b>11</b> ■ 21st CCLC Site Coordinators Mtg; 9:00-11:00; #2057<br>■ Parent Trng; 5:00-8:00; MPR (RSVP) | <b>12</b> ■ New London RJ Circle; 5:30-7:00; Peace Lutheran Church                                                                                  | <b>13</b> ■ PACT 4 Comm. and Full Collaborative meetings-Project Turnabout in Granite Falls; Early Childhood meets at 10:00 and all others at 10:30; check website for details on committee mtgs (RSVP)<br>■ Willmar Transition Circle; 5:30-7:30; Lakeland Ctr | <b>14</b> ■ Kandiyohi Co. Circles Steering Comm; 12:00; The Oaks at Eagle Creek (Willmar)<br>■ Willmar RJ Circle #3; 5:30-7:00; Lakeland Ctr | <b>15</b> ■ Special Populations Grantees Quarterly Mtg; 9:00-4:00; #2057 |
| <b>18</b> ■ Willmar RJ Circle #2; 5:30-7:00; Lakeland Ctr                                              | <b>19</b> ■ Willmar RJ Circle #4; 5:30-7:00; Lakeland Ctr                                                                                           | <b>20</b> ■ PACT 4 All Staff Mtg; 8:30-11:30; MPR; <b>OFFICE CLOSED DURING MEETING</b><br>■ Boundaries & Ethics Trng; 1:00-4:00; MPR (RSVP)                                                                                                                     | <b>21</b>                                                                                                                                    | <b>22</b>                                                                |
| <b>25</b>                                                                                              | <b>26</b> ■ Bridge Builders Brown Bag Mtg; 11:00-1:00; MPR<br>■ New London RJ Circle; 5:30-7:00; Peace Lutheran Church                              | <b>27</b> ■ Willmar Transition Circle; 5:30-7:30; Lakeland Ctr                                                                                                                                                                                                  | <b>28</b> ■ Willmar RJ Circle #3; 5:30-7:00; Lakeland Ctr                                                                                    | <b>29</b>                                                                |

All Willmar meetings are held at the Kandiyohi County Health and Human Services Building (KCHHSB) unless otherwise noted.  
(MPR=Multi Purpose Room)

# FREE PARENT TRAINING



Sponsored by

THE PACT 4 FAMILIES PARENT ADVISORY COMMITTEE

## “GUARDIANSHIP: WHAT YOU NEED TO KNOW”

What is guardianship all about?

Who needs a guardian? Who can become one?

Guardian, Power of Attorney or Conservator ~ what's the difference?

Timelines: When should the process begin? How does the process work?

Monday, October 11, 2010

6:00 – 7:30 PM

Multi-Purpose Room

Kandiyohi County Health and Human Services Building

### Presenter:

Greta Smolnisky, Attorney

Smolnisky & Kinney

Project Manager of PACT 4 Families Mental Health/Juvenile Justice Grant

All parents (and interested others) are welcome!

- Bring your questions about guardianship
- Learn about the PACT 4 Families Parent Advisory Committee (PAC)
- Meet and network with other parents
- Light refreshments will be provided

Reservations are helpful. To RSVP call Shawna, 231-7030 Ext. 2961

NOTE: Although this training is intended for parents, anyone who is interested is welcome!

The Parent Advisory Committee (PAC) is comprised of parents in the counties of PACT 4 Families Collaborative: Kandiyohi, Meeker, Renville, and Yellow Medicine. The PAC mission is to be the voice of parents in the four-county area, and to share that voice with PACT 4 partners.

# Wraparound Orientation

PACT 4 Families Collaborative



An Introduction to the Process and Philosophy of Wraparound

*Wraparound is a strength-based team process used to help families who face complex needs and situations.*

Goals of Orientation:

- Provide an overview of the philosophy and practice model of Wraparound
- Provide tools for starting the process
- Experience a Wraparound team meeting
- Hear a parent's "Wraparound Success Story"

DATE: Friday, December 3, 2010

TIME: 9:00 AM – Noon

PLACE: Room 2057, Health and Human Services Building

2200 23<sup>rd</sup> Street NE

Willmar, MN 56201

FOR: Potential facilitators, team members, and anyone interested in knowing about Wraparound

PRESENTERS: Rick Loseth, LICSW, Clinical Supervisor, PACT 4 Families

Char Erickson, Wraparound Coordinator, PACT 4 Families

GUEST PRESENTER: PARENT SHARING HER WRAPAROUND STORY

To register, contact Shawna Steffen

(320) 231-7030 Ext. 2961

There is no cost to the training  
CEU's are available



PACT 4 Families Collaborative

2200 23rd Ste NE Ste 2030

Willmar, MN 56201

RETURN SERVICE REQUESTED

If you have any questions regarding the content of this newsletter or would like to be included on the mailing list, please call (320) 231-7030.

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